

St. Petersburg Friends on the Path



St. Petersburg Friends on the Path meet monthly to nurture friendships, deepen care for one another and share experiences of the Dharma. Gatherings are open to FCM members, non-members and newcomers and take place in varied, often outdoor, locations. Friendships are also fostered by carpooling to programs at the FCM Tampa Center. To be added to the email list or for more information contact SPFriendsOnThePath@floridamindfulness.org.

Purposes

The primary purposes of the gatherings are to:

- come together as a local community;
- nurture friendships;
- share experiences of the Dharma; and
- deepen caring for each other through personal and social connections.

Programs & Activities

- Social gathering at a park, someone's home or other open gathering space
- Potluck picnic or a potluck at someone's home
- Social activity outings, e.g., sunrise gathering, nature walk, etc.
- Social justice or community service activities as a group, e.g., charity walk, volunteer at soup kitchen, etc.
- *Dharma Sharing* Gathering at a park, a home or other special space
 - * Format for Gatherings that include Dharma Sharing*
 - a brief meditation period
 - deep sharing and deep listening focused on personal practice experiences
 - time for socializing

On-going carpooling

St. Petersburg residents who wish to carpool meet at the 22nd Ave. N. Park & Ride in order to nurture sangha friendships and reduce fuel consumption. Those wishing to carpool are asked to arrive by a scheduled time in order to determine number of cars needed and who will drive. The Park & Ride is located on the north side of 22nd Ave. between I-275 and 19th St. N. Contact SPFriendsOnThePath@floridamindfulness.org for more information.