## **Dropping the Banana by Anne Merwood**

Dropping the banana, All I have to do is let it go

Like a falcon releasing a

rabbit.

Like an athlete relinquishing a golden dream.

Like a hungry child tossing a ripe mango into the sun.

All I have to do I dread.

What happens if I can't let go? What happens if I can?

Surely it is safer not to experiment for — see here — I am not alone! At the office, by the pool

I recognize you, fellow monkeys, clinging to the thresholds of normality.

Rattling imprisoned limbs you dare me to dessert. All I have to do I do.

Finger by finger I loosen my grip.

There was no banana.

Only a fist contorted with fear

choking the innocent air